

Yr. Group	Autumn		Spring		Summer	
EYFS	<p>Class Rules</p> <p>Create class rules, respect, courtesy and manners, listening skills</p> <p>What is a friend?</p> <p>Working as part of a group, sharing, being kind, saying sorry,</p>	<p>How do I feel?</p> <p>Identify different feelings (sad, happy, cross, scared, worried), express feelings</p>	<p>How can I keep clean?</p> <p>Personal hygiene - washing hands, blowing nose, brushing hair, dental hygiene</p>	<p>What healthy foods do I like to eat?</p> <p>Likes, dislikes, identifying food, tasting healthy food</p> <p>Financial Education- Activity - Let's Play Shop</p>	<p>Why am I special?</p> <p>Special people in my family, similarities and differences, respect, celebrating differences</p> <p>Financial Education - Book - Ed and Bunny Earn Some Money</p> <p>Activity - Children complete an activity to earn some money</p>	
Year 1	<p>Class Rules</p> <p>How do I learn best?</p> <p>Why do I need to learn? (future job roles and skills) listening skills, retaining knowledge, memory and concentration techniques, growth mindset, importance of sleep</p> <p>Financial Education Activity - Save and Share with Ed and Bunny</p>	<p>What is a healthy diet?</p> <p>Purpose of food and water, healthy eating plate, 5 a-day, preparing healthy meals, benefits of physical exercise, time outdoors.</p>	<p>What is bullying?</p> <p>Characteristics of friendships, associated feelings, bullying definition, impact of bullying, loneliness, role of bystander, strategies to resist bullying, seeking advice and support</p>	<p>Are we all the same?</p> <p>Similarities and differences in wider society, gifts and skills, being judged by appearance, stereotypes, gender equality, protected characteristics, Equality Act 2010</p>	<p>How can I stay safe on the road?</p> <p>Green Cross Code, pedestrian training, be safe, be seen, travelling safely in a car, scooter and bike</p> <p>NSPCC Pants</p> <p>Private body parts, good and unwanted touch, saying no, asking for help and trust</p>	<p>How can I stay safe in the home?</p> <p>Germs, bacteria and personal hygiene, dental hygiene, medicines, household products, bleach and washing tablets.</p>
Year 2	<p>Class Rules</p> <p>How do I learn best?</p> <p>Why do I need to learn? (future job roles and skills) listening skills, retaining knowledge,</p>	<p>What is a healthy diet?</p> <p>Purpose of food and water, healthy eating plate, 5 a-day, preparing healthy meals, benefits of physical exercise, time outdoors.</p>	<p>What is bullying?</p> <p>Characteristics of friendships, associated feelings, bullying definition, impact of bullying, loneliness, role of a bystander, strategies to</p>	<p>Are we all the same?</p> <p>Similarities and differences in wider society, gifts and skills, being judged by appearance, stereotypes, gender equality, protected</p>	<p>How can I stay safe on the road?</p> <p>Green Cross Code, pedestrian training, be safe, be seen, travelling safely in a car, scooter and bike</p>	<p>How can I stay safe in the home?</p> <p>Germs, bacteria and personal hygiene, dental hygiene, medicines, household products,</p>

	<p>memory and concentration techniques, growth mindset, importance of sleep</p> <p>Financial Education Activity - Save and Share with Ed and Bunny</p>		<p>resist bullying, seeking advice and support</p>	<p>characteristics, Equality Act 2010</p>	<p>What is a safe touch?</p> <p>Private body parts, good and unwanted touch, asking for help</p>	<p>bleach and washing tablets.</p>
Year 3	<p>Class Rules</p> <p>How can I work as part of a team?</p> <p>Listening, self-esteem, communication, teamwork, setting boundaries, negotiation, problem-solving, anger management, resilience, conflict resolution,</p>	<p>Are my feelings important?</p> <p>Recognise a wider range of emotions, emotional scale, managing feelings, anger management, recognising the feelings of others, responding appropriately to other's feelings, importance of sleep to help manage feelings</p>	<p>Why do I need to brush my teeth?</p> <p>Purpose of teeth, identify different types of teeth, different parts of a tooth, plaque and decay, brushing teeth and flossing, visiting a dentist</p>	<p>How can I keep my body safe?</p> <p>Boundaries, acceptable and unacceptable touch, privacy, secrets, reporting concerns, asking for help and advice</p>	<p>How can I manage my money?</p> <p>Role of money, cards and cashless payments, spending, saving, budgeting and financial records, being a critical consumer, needs versus wants, advertising, lending and borrowing</p> <p>Activity - Budget Bonanza</p>	<p>What do I want to do in the future?</p> <p>Purpose of work and mental wellbeing, gifts and talents, aspiration, stereotypes involving work roles, target setting and future goals</p> <p>Financial Education - World of Work</p>
Year 4	<p>Class Rules</p> <p>Are friends and family important in my life?</p> <p>Who is important to me? What is a family?</p> <p>Different family types, healthy friendships, different perspectives</p>	<p>What can I do about bullying?</p> <p>Definition of bullying, different types of bullying (including cyberbullying), role of bystanders, how to respond and ask for help</p>	<p>How can I help protect the Earth?</p> <p>Responsibilities and respect, environmental concerns, making a difference, class project.</p> <p>Financial Education - Activity - Become an Eco Hero</p>	<p>How can I keep safe?</p> <p>Water safety - rivers</p> <p>What is electricity?</p> <p>Electrical hazards in the home, staying safe around electricity, electrifying the railway, 5 golden railway rules.</p> <p>Fairtrade Fortnight -- Activity - Shopping Sense</p>	<p>How can I help others?</p> <p>Phoning emergency services, bites and stings, asthma, bleeding, choking, head injuries</p>	<p>Does everyone have the right to vote?</p> <p>What is democracy?</p> <p>Elections, school council, role of local councillors and government, Houses of Parliament,</p>

<p>Year 5</p>	<p>Why do I need to follow rules? Right and wrong, consequences of behaviour and actions, rule of law, making laws, legal boundaries, civil and criminal laws, debating moral viewpoints</p>	<p>How can I eat well? Food groups and Eatwell Plate, calories and nutrients, sugar content, food choices, risks associated with unhealthy eating, drinking water,</p>	<p>What is my role in the local community? What does it mean to belong to a community? Local taxes, supporting the local community - community participation, voluntary and service-based activity, pressure groups Financial Education - Not a Fairy Good Idea</p>	<p>How does smoking and alcohol affect my community? Role of legal drugs, vaping, impact of smoking and alcohol, peer pressure, habit and addiction, financial cost of smoking and alcohol, rules and laws, advice and support</p>	<p>How can I keep my mind healthy? What is mental health? Importance of physical exercise and activities, self-care techniques, hobbies and interests, yoga, mental health challenges, death and grief, support</p>	<p>How do I grow and change? Sleep, signs of physical illness, physical and emotional changes, male and female hygiene, privacy, and personal space, reporting feelings of being unsafe</p>
<p>Year 6</p>	<p>What are my rights and responsibilities? Human rights, individual liberty, rights of a child, Equality Act 2010, protected characteristics, bullying, Malala Yousafzai, responsibilities to others, access to support</p>	<p>Who am I? Individual characteristics and personal traits, developing confidence, independence, perseverance, resilience, self-motivation, mindfulness, strategies to develop memory</p>	<p>Are all drugs safe? Legal and illegal drugs, psychoactive substances, the law and drugs, drug classification, effects and risks associated with drugs, vaping, peer pressure, sources of information and support</p>	<p>Should I follow the crowd? Increased independence and responsibility, boundaries, different influences, managing risk, resisting unhelpful pressure, feeling empowered to say no, recognising and managing dares, gang activity, people who keep us safe</p>	<p>How can I keep safe on my bike and near water? Identify different types of water, canal and quarries, water safety code, SAFE - Stay Away from the Edge, hidden dangers, floating, Bikeability - cycle safety helmets, visibility Financial Education - Enterprise</p>	<p>What is puberty? Attraction, sex and gender, stereotypes, external and internal physical changes, emotional changes, personal hygiene, germs, bacteria and viruses, immunisations, seeking advice, marriage, divorce, Am I ready for high school?</p>